

THE CHILD'S GUIDE TO FOSTERING



Northamptonshire
Children's Trust

Fostering gives you the chance to live with another family when you need to.





Before you meet your new Foster Carers you will be given information about them. You will meet them and can ask them any questions.

Your Foster Carers will look after you in the daytime, and at night time at their house.





You can stay with your foster carer sometimes for a short time, and sometimes it is for a very long time. You will have your own bed and pillow and covers.

Your Foster Carers will look after you.





Your Foster Carers will find out which activities you like doing and make sure you have lots of fun.

Your Foster Carers will chat to you. Sometimes about ordinary things and sometimes about other things that are playing on your mind. This could include you asking them questions about why you are with them and what is happening with your birth family.





Your Foster Carers will find out about any religious or cultural needs you may have.

Your Foster Carer will find out about which foods you like or dislike and if you are allergic to anything.





Your Foster Carer will find out about your routines and anything else that is important to you. Your Foster Carer is there to keep you safe.

Grown-ups will be checking to make sure you are happy. Everyone will listen to your views and ensure things are working well for you. This includes your social worker and the Foster Carer's social worker plus some other people.





If you are worried or upset during your Foster Family stay you can tell an adult you trust. This might be Social Worker, Teacher or Friend.

**You can also contact Ofsted
who check everything is ok
or Children's rights . Here is
their address:**

**Ofsted
Piccadilly Gate
Store Street
Manchester
M1 2WD**

0300 123 1231

www.ofsted.gov.uk

**Children's Rights
Northamptonshire Children's Trust
One Angel Square
Angel Street,
Northampton
NN1 1ED**

0300 126 1000

childrensrights@nctrust.co.uk

www.nctrust.co.uk (Help and Protection for children)



Bye for now...



**Northamptonshire
Children's Trust**