

Children, Young People and Families at the heart of all we do.

Mandatory (Core) training requirements for foster carers – Practice Guidance October 2023

All foster carers seeking approval with NCT's Fostering Service must complete the following mandatory training courses within their assessment:

- Paediatric or 13+ First Aid Training
- Skills to Foster for mainstream applicants or Connected Persons Induction for kinship applicants
- Online Safety
- Safeguarding
- Virtual Reality accredited training for mainstream applicants
- Health and Safety for foster Carers
- Child Sexual Exploitation e-learning as appropriate depending upon preferred age

The above will be reflected within each carer's development plan submitted to panel and this plan will be a live document throughout a foster carer's career with NCT.

Mandatory (Core) Training Requirements within the first 12 months of approval:

- Allegations
- Child development
- Child Sexual Exploitation (if not completed prior to approval)
- Contact
- Court room skills
- Delegated authority
- Education of Looked After Children
- Managing behaviour (for over 10s or under 10s)
- Helping children move to adoption or long term fostering
- Preparation for Return to Birth Family
- Procedures and record keeping
- Safer caring
- Separation and Loss

Mandatory SAFEGUARDING Training Requirements following approval:

Every twelve months each approved foster carer must complete one of the following safeguarding courses below:

'Face to Face' training offer:

• Keeping Children and Young People Safe Online for Foster Carers and Adopters - Webinar



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- Bitesize Gangs and Knife Crime for Foster Carers and Adopters only
- Safeguarding Children for Foster Carers and Adopters only
- Keeping children and pets safe in the home Webinar

E-Learning training offer:

- Contextual Safeguarding
- Female Genital Mutilation
- Introduction to Safeguarding
- Peer on Peer abuse
- Radicalisation
- County Lines
- Gangs, Guns and Knives
- Child Trafficking
- Harmful Sexual Behaviours
- Child Sexual Exploitation

The identified safeguarding course to be completed in the forthcoming review period must be included within the foster carers' individual PDP as part of each Annual Review.

In addition to all of the above, all newly approved foster carers must also complete their Training, Support and Development Standards (TSDs) within their first twelve months of approval (18 months of approval for Family Link and Connected foster carers).

After the first year of fostering, all approved foster carers will be required to complete a minimum of 3 training courses a year. This requirement is for both foster carers in a household with 2 approved carers.

Every three years each approved foster carer must re-complete the following assessment courses:

- Paediatric or 13+ First Aid Training
- Online Safety
- Safeguarding (face to face course preferred)
- Health and Safety for foster Carers
- Child Sexual Exploitation e-learning as appropriate depending upon preferred age



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This document reflects the MINIMUM requirement, and it would be expected that foster carers attend training according to the needs of the child and their development as identified within their PDP, with the support of the Supervising Social Worker.

Further details regarding the training offer, with support on how to create an account for learning and e-learning can be found here: <u>https://www.nctrust.co.uk/adoption-fostering/fostering/fostering-training.aspx</u>